

Health Summary

Current Health Issues

Please review your health issues and verify that the list is up to date. **Call 911 if you have an emergency.**

Lumbar radiculopathy
Added 7/30/2020

Health Issues You've Asked to be Added

Anxiety disorder
Added 5/12/2009

Osteoarthritis (arthritis
due to wear and tear of
joints)
Added 12/8/2013
Comments: severe in both
knees

Chronic post-traumatic
stress disorder (PTSD)
Added 5/11/2009

H/O borderline
personality disorder
Added 4/25/2017

Major depression, chronic
Added 6/15/2009

Eczema
Added 9/11/2005

Ascending aortic
aneurysm (HCC)
Added 8/21/2020
Comments: Unerupted

Venous insufficiency
(chronic) (peripheral)
Added 8/21/2020

Hypertension
Added 8/21/2020
Comments: Unusual readings

Severe carpal tunnel syndrome of both wrists
Added 10/28/1996

Carotid stenosis, left
Added 10/5/2020

Gastroesophageal reflux disease, adult
Added 12/4/2020
Comments: UAB Emergency Room Doctor diagnosed

Gastric ulcer
Added 3/31/2021
Comments: 2 of them

Colon polyps
Added 3/31/2021
Comments: 1 Hugh one in pelvic area

Diverticulosis
Added 3/31/2021
Comments: Dr. Hari Ramasastry

Internal hemorrhoid
Added 3/31/2021

Hiatal hernia with GERD without esophagitis
Added 3/31/2021

Generalized abdominal pain
Added 12/3/2020
Comments: uab

Pyelonephritis
Added 1/26/2021
Comments: UAB

TIA (transient ischemic attack)
Added 7/10/2020
Comments: dr. Proctor unspecified

Excessive and frequent menstruation
Added 3/8/2021
Comments: dr. allendorf

Abnormal weight gain
Added 3/8/2021
Comments: dr. allendorf

major histocompatibilty complex
Added 3/17/2021
Comments: UAB psych Ward for exacerbation of symptoms

Chronic sinusitis
Added 7/31/2017
Comments: uab

Mixed hyperlipidemia
Added 3/8/2021
Comments: dr. allendorf

Left anterior fascicular block
Added 3/17/2021
Comments: UAB

Abnormal heart rhythms
Added 7/10/2020
Comments: dr. proctor

Pedal edema

Added 4/10/2017

Comments: uab

**polymorphonuclear
neutrophil predominant**

Added 3/8/2021

Comments: dr.allendorf PMN
predominant

**Fatigue due to old head
trauma**

Added 3/8/2021

Comments: dr. allendorf

**Exertional shortness of
breath**

Added 4/10/2017

Comments: uab

Otalgia, right ear

Added 3/17/2021

Comments: UAB Otitis Externa

**Bilateral lower extremity
edema**

Added 7/10/2020

Comments: dr. proctor

Migraine without aura

Added 3/8/2021

Comments: Dr allendorf

Restless leg syndrome

Added 5/11/1999

Comments: dr. jackson

**memory loss due to past
head trauma**

Added 2/17/2017

Comments: UAB

arthritis disorder

Added 3/8/2021

Comments: dr. allendorf

**Sleep apnea with mood
disorder (HCC)**

Added 7/10/2020

Comments: dr. proctor

Leukocytosis

Added 3/8/2021

Comments: dr. allendorf

Melena

Added 12/3/2020

Comments: uab

Arthritis of spine

**Degenerative lumbar
spinal stenosis**

**Other specified disorders
of adrenal gland (HCC)**

Added 1/26/2021

Comments: Dr. Price diagnosed

**Vitamin D deficiency,
unspecified**

Added 1/26/2021

Comments: Dr. Price diagnosed

**Urinary incontinence,
unspecified type**

Added 8/7/2020

Comments: brookwood baptist
Dr. Johnson

**Chronic low back pain
with bilateral sciatica**

Added 8/7/2020

Comments: brookwood baptist
Dr. Johnson

**Inflammatory dermatosis
disorder**

Added 8/7/2020

Comments: Dr. Price

**Thoracic/lumbosacralneu
ritis/radiculitis**

Added 7/29/2020

Comments: brookwood
baptist, Dr. Johnson

**Osteochondral fracture of
patella**

Added 12/8/2013

Comments: both knees due to
severe injuries

**tricompartmental
degenerative arthrosis**

Added 12/8/2013

Comments: in both knees
causing damage to the nerves
and arteries

Traumatic coccydynia

Added 12/8/2013

Comments: tailbone broke off
from severe injury causing
severe damage to the sciatica
nerve

**Herniated intervertebral
disc of lumbar spine**

Added 7/29/2020

Comments: throughout spine
Dr. Johnson

**Accidental Bowel
Leakage**

Added 4/22/2021

Comments: ABL Dr. Head

Overactive bladder

Added 4/22/2021

Comments: DR. James Head

SUI (stress urinary incontinence, female)

Added 4/22/2021

Comments: Dr. Head

Lyme disease, unspecified

Added 3/9/1983

Comments: 8 or 9 years old father removed a spotted tick off middle back of head, it had been there a couple days unknowingly. a week later was struck down by high fevers, chills, cold sweats doctor's didn't know what had caused it, just told my parents to keep an eye on me and ice me down. this has happened 3 times in my life and every time they had no clue what caused the issues to happen.. high possibility Lyme Disease is one of the factors causing so many medical problems I'm having. NEED tested to either rule out or acknowledge it.

Environmental exposure to harmful algae and toxins

Added 5/11/1975

Comments: 1958 to 1967

Michigan Chemical Plant made, produced, and sold DDT and dumped it in the lake and on the ground, until EPA stepped forward shutting them down then a company out of Chicago, Velsicol Chemical Corporation in 1967-68 bought the plant and started producing and selling PCB, again these toxins were dumped in the lake and buried under ground, EPA stepped forward in 1972-73 making them stop, Velsicol did but then started making PBB telling everybody it was safe, NOT. in 1973. they accidentally sent 100 50lb bags of this toxin in wrong bags to the feed store in battle Creek MI where they made the farmers livestock feed. unknowingly sending the contaminated feed to the farmers, who unknowingly fed it to their livestock which eventually went to the markets and then to the people. I was conceived and born right in middle of United States biggest poisoning; contact Dr. Michelle Marcus researcher Emory University
pbbregistry@emory.edu for more info tested 01/2021 no results as of yet

Traumatic injury of head
with loss of
consciousness (HCC)

Added 5/11/2012

Comments: fell down a flight of stairs going down to engine room on LPD 22 ship at work, loss consciousness and good 5 mins I was told my head bounced down the steel staircase. never went to medical never had my head or back checked that day either

Traumatic injury of head
with severe headache

Added 9/23/2006

Comments: at work on a coast guard ship swiftly walking through bottom of ship and slammed into a steel wireway just put up, fell backwards bouncing head off steel flooring cracking my hard hat almost knocking myself out, never went to medical never had my head checked or my back for damage that day.

Traumatic injury of head
with loss of vision

Added 2/10/1996

Comments: rolled a 1967 Dodge power wagon 3 times slamming head in roof every time. Loss vision and for a good 5 mins with blood, never went to hospital never had head checked for damage

Health Issues You've Asked to be Deleted

Right carpal tunnel
syndrome

Added 10/8/2020

Left carpal tunnel
syndrome

Added 11/16/2020

Personal Notes About My Health Issues

Notes entered here will not be viewable by your doctor.

DNA alterations and mutations from PBB, PCB, & DDT toxins at birth
born May 11, 1975 in Marshal, Michigan on a farm

1. slight resistance to Warfarin (Coumadin)
 2. increased risk detected for blood clots & Cardiovascular Disease, including DVT's (due to 2 markers in genes known as MTHFR, 1 normal & 1 abnormal)-- MTHFR Deficiency, hereditary
 3. increased risk detected to Adverse reaction to Nitrous Oxide (due to 2 mutations in the MTHFR gene)
 4. normal susceptibility to lead poisoning due to ALAD Gene
 5. slight higher risk to lung cancer, due to 2 mutated genes Chrna3 & Hykk
 6. Carrier to Dihydropyrimidine Dehydrogenase Deficiency & Possible 5-FU Toxicity
 7. 4x higher risk to breast cancer and ovarian cancer in the lining, hereditary, due to brca 1 & brca 2 gene
 8. 3x higher risk to colon/colorectal cancer in the lining, hereditary, due to altered genes (casc8, ccat2, grem1, scg5, and smad7)
 9. increased risk to Atrial Fibrillation
 10. blood clot risk including DVTs, due to a marker in gene known as MTHFR
 11. gene is MTHFR, genotypes are GT & AG, & SNPs are rs1801131 & rs1801133, positive single nucleotide polymorphism
 12. rs787065 Nuclear gene encodes a Mitochondrial protein, which belongs to Frataxin Family
 13. rs1532624 nucleotide polymorphism, cholesteryl ester, from high density lipoprotein
 14. rs62205366 phosphatidylydy-cerophosphate synthase
 15. rs11158345 Calcium-independent, phospholipid and diacylglycerol (DAG)-dependent serine/threonine-protein kinase, tumor promoters
 16. slight higher risk to gastric/stomach cancer in the lining, hereditary, due to altered genes (ager and plce1)
 17. rs7294919 (C;C) hippocampal volume decreased on subcortical brain volume
 18. rs2237717 (T;T) MET gene primarily known to be involved in tumor metastasis, reduces abilities related to neurocognition and ability to recognize faces
- there are many more in my DNA that have been altered and mutated.
Possible medical conditions are all caused from the traumatic head injuries, Lyme disease, and being born with DDT, PCB, & PBB toxins in me.

Medications

Please review your medications and verify that the list is up to date. **Call 911 if you have an emergency.**

chlorthalidone 25 MG tablet

Commonly known as: HYGROTEN

Daily. states 1/2 tab



This prescription cannot be refilled through MyChart at this time.

Prescription Details

Started taking August 21, 2020

Documented by MOSELEY, LISA, RN

Pharmacy Details

Walmart Pharmacy 424 - CLANTON, AL - 1415 7TH STREET SOUTH

1415 7TH STREET SOUTH, CLANTON AL 35045

205-755-5728

lisinopriL 10 MG tablet

Commonly known as: ZESTRIL

Take 1 tablet by mouth once daily



This prescription cannot be refilled through MyChart at this time.

Prescription Details

Started taking September 3, 2020

Documented by MOSELEY, LISA, RN

Pharmacy Details

Walmart Pharmacy 424 - CLANTON, AL - 1415 7TH STREET SOUTH

1415 7TH STREET SOUTH, CLANTON AL 35045

205-755-5728

sertraline 100 MG tablet

Commonly known as: ZOLOFT

Take 100 mg by mouth daily.



This prescription cannot be refilled through MyChart at this time.

Prescription Details

Documented by CURTIS, KENNESHA, RN

hydrOXYzine 25 MG tablet

Commonly known as: ATARAX

Take 25 mg by mouth 3 (three) times daily as needed for anxiety (and sleep).



This prescription cannot be refilled through MyChart at this time.

Prescription Details

Documented by CURTIS, KENNESHA, RN

prazosin 1 MG capsule

Commonly known as: MINIPRESS

Take 1 mg by mouth at bedtime. take 2 or more as needed



This prescription cannot be refilled through MyChart at this time.

Prescription Details

Documented by CURTIS, KENNESHA, RN

Medications You Asked to Be Added

Medications will not be added until your provider reviews them in a future visit.

PEPCID (famotidine) 40 MG Tab

Started taking on March 31,
2021

Comments: Dr. Hari
Ramasastry

FiberCon 625 mg Tab

Started taking on March 31,
2021

Comments: Dr. Hari
Ramasastry

pantoprazole 40 mg Grps

Started taking on March 31,
2021

Comments: Dr. Hari
Ramasastry

Myrbetriq 50 mg Tb24

Started taking on April 22, 2021
Comments: dr. head prescribed
for the OAB condition

LOPERAMIDE ORAL

Started taking on April 22, 2021
Comments: dr. head prescribed
for ABL condition

SINEQUAN (doxepin) 25
MG Cap

Started taking on February 10,
2021

Comments: to help me sleep

clotrimazole-betameth
dip-zinc 1-0.05-20 %
Cmpk

Started taking on February 22,
2021

Comments: put medicine on
inflamed parts

Medications You Asked to Be Removed

Medications will not be removed until your provider reviews them in a future visit.

meloxicam 15 MG tablet

Commonly known as: MOBIC

Started taking: June 8, 2020

Comments: Dr. Hari said stop
taking it

HYDROcodone-
acetaminophen 5-325 mg
per tablet

Commonly known as: NORCO

Prescribed: November 16, 2020

Comments: don't have

ondansetron 4 MG tablet

Commonly known as: Zofran

Prescribed: November 16, 2020

Comments: don't have

traZODone 100 MG tablet

Commonly known as:

DESYREL

Comments: medicine was
changed

montelukast 10 mg tablet

Commonly known as:

SINGULAIR

Comments: don't take no
longer

Personal Notes About My Medications

Notes entered here will not be viewable by your doctor.

My Team

Dr. Jeffery Price Primary Chilton Family Medicine 205-280-1010

Dr. Llyod Johnson Orthopedic surgeon Al bone & joint clinic 205-621-3778

Dr. Patrick Proctor Cardiologist Heart South Cardiovascular Group 205-663-5775

Dr. Hari Ramasastry Gastroenterologist St Vincent Medical 205-280-3360

Dr. James Pitts Ophthalmologist Office of James Pitts, M.D. 205-755-2296

Dr. James Head Urogynecologist Alabama Incontinence Clinic 205-605-1960

NP Alaina Contestabile Central Alabama Wellness/Clanton branch 205-651-0077

Dr. Nate Robin Geneticist UAB Medical Genetics 205-934-6600

Dr. Daniel Allendorf Hematologist Alabama Oncology Clinic 205-664-4051

Allergies

Please review your allergies and verify that the list is up to date. **Call 911 if you have an emergency.**

You have no allergies on file.

Allergies You've Asked to be Added

Cefpodoxime

Hives, Shortness Of Breath,
Itching, Nausea Only, Swelling,
Palpitations

Added 1/28/2021

Comments: UAB prescribed it
for the pyelonephritis
condition. had to immediately
throw medicine back up to stop
bad reaction to it

Personal Notes About My Allergies

Notes entered here will not be viewable by your doctor.

Immunizations

This is a list of immunizations that your clinic has on file for you.

You have no immunizations on file.

Personal Notes About My Immunizations

Notes entered here will not be viewable by your doctor.

covid shot dr. Allendorf 04/08/21 next shot is 05/05/21
flu shot 08/12/2020 dr. Johnson

Preventive Care

Preventive medicine plays an important part in your health and overall well-being. The following procedures are recommended for people of your age, sex, and medical history.

Overdue

Pneumococcal Vaccine

Overdue

COVID-19 Vaccine

Overdue

DTaP/DT Vaccine

Overdue

Pap Smear

Overdue

Depression Screening

Not due

Flu Vaccine

Completed on September 2, 2020

Previously done: 9/2/2020

Personal Notes About My Preventive Care

Notes entered here will not be viewable by your doctor.

Psychosis screening including depression Shelby Chilton County Wellness Clinic did it on 03/15/2021

Dr. Price did a H-Pylori Breath Test on 01/31/2021 results were CPT-4: 14839

neg at time

organ donor

blood type traits

1. ABO O positive blood type
2. Di(a-/b+) Diego blood
3. Fy(a-/b+) Duffy blood
4. k-/k- Kell blood
5. Jk(a+/b+) Kidd blood
6. s+/s+ MNS blood
7. cholesterol HDL (good) level= lower
8. cholesterol LDL (bad) level= higher
9. transferrin level= higher
10. coronavirus infection- severity= very elevated
11. coronavirus infection- susceptibility= lower
12. HIV- progression= slower
13. HIV- resistance= not resistant
14. HIV- susceptibility= higher
15. Malaria- resistance= not resistant
16. Malaria- susceptibility= higher
17. Norovirus- resistance= not resistant
18. FUT2 gene= secretor status

response to wellness

1. ability to eliminate harmful substances
2. histamine intolerance higher
3. ability to fight off dangerous infectious diseases
4. ability to fight off non-infectious diseases
5. ability to fight off additive traits
6. responds to treatment quicker than average and heal time cut in half than average